

# Lloyd Supports 2023-2025

## 4. Access to Health and Social Services

### 4.2. Dementia Support

#### 4.2.1. Alzheimer Society of Saskatchewan

306-949-4141

1-877-949-4141

#301 2550 12 Ave, Regina, SK S4P 3X1

[helpline@alzheimer.sk.ca](mailto:helpline@alzheimer.sk.ca)

[www.alzheimer.ca/sk](http://www.alzheimer.ca/sk)

- Information and education sessions on Alzheimer's disease and other dementias. Includes communication tips, coping strategies, and planning for the future.
- Connection to Alzheimer society, community programs, and support groups for persons with dementia and their families.
- Minds in Motion exercise and social program.
- Virtual programs available across the province. Accessible to all residents of Lloydminster.