

Lloyd Supports 2023-2025

5. Mental Health Supports

5.1. Addictions

5.1.1. Addiction and Mental Health Helpline (AB)

1-866-332-2322

- 24-hour, 7 days a week confidential service that provides support, information and referrals to Albertans experiencing addiction and mental health concerns, including problem gambling.

5.1.2. Al-Anon and Alateen Programs

306-665-3838

area98alateen@gmail.com

www.sk-alanon.ca

- Provides information on meeting dates and location.
- Members of Al-Anon groups share their experience, strength and hope with each other in order to solve their common problems resulting from others' struggle with alcoholism.
- Peer support for partners, children, parents, other relatives, and friends of persons living with alcohol use disorders.

5.1.3. Alcoholics Anonymous Lloydminster

780-875-3571

www.lloydminsteraa.com

- Provides information on meeting dates and location.
- Provides referrals to addiction specialists.

5.1.4. Problem Gambling Helpline

1-800-306-6789

www.spgh.ca

- Free, 24/7 helpline for families and people affected by gambling addictions.
- Confidential, professional counselling.
- Information and resources on gambling addictions.
- Crisis intervention services.
- Referrals to Regional Health Authority gambling counsellors and self-help groups.

5.1.5. Residents in Recovery Society

1-877-201-3955

4804 50 Ave, Lloydminster, AB T9V 0W5

info@residentsinrecovery.com

www.residentsinrecovery.com

- Provides support to individuals struggling with addictions and mental health issues.
- Post-treatment Family Sober Living is for mothers who have completed residential treatment. Mother must have care of her children, and all children must be under the age of 15 years.
- Family Treatment Program is for mothers who have young children at risk of apprehension. Mother must have care of her children, and all children must be under the age of 12 years.

5.1.6. Saskatchewan Health Authority – Harm Reduction Program

306-821-2982

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Prairie North Plaza

Suite #101 4910 50 St, Lloydminster, SK S9V 0Y5

www.saskhealthauthority.ca

- Needle Exchange Program includes free pipes and other materials for safe consumption.
- Provides free condoms.
- Available resources on Human Immunodeficiency Virus (HIV), Hepatitis C, Sexually Transmitted Infections (STI), and harm reduction.
- HIV Peer-Mentor Program.
- Vending machine located on the north end of Prairie North Plaza, tokens available at the office.
- Provides referrals and support to health care.

5.1.7. Thorpe Recovery Centre

780-875-8890

1-877-875-8890

21060 Tranquility Way, Blackfoot, AB T0B 0L0

info@thorperecoverycentre.org

www.thorperecoverycentre.org

- Provides strength, hope, and healing to those affected by addictions and related mental health challenges.
- Residential Addiction Treatment is a well-rounded approach to ensure individuals are on the path to recovery.
 - A minimum of seven days of clean/sober time is required prior to admission into the Residential Treatment Program.
- Medically Supported Detox is a safe environment for those in the initial stages of recovery.