## 4. Access to Health and Social Services

4.3. Disabilities and Health

### 4.3.1. Ability Development Services by Bea Fisher

780-875-3633

3514 51 Ave, Lloydminster, AB T9V 1C8

beafisher@bordercity.com

### www.beafisher.com

- Individuals who quality for Persons with Developmental Disabilities (PDD) in Laberta or Community Living Services Division (CLSD) in Saskatchewan can apply for services. Applications are available at Bea Fisher, or you can connect with your PDD or CLSD representative.
- Support for services will need to be approved by PDD, CLSD, or Indigenous and Northern Affairs Canada (INAC) for funding.
- If accessing Residential Care, individuals are responsible for paying for all living expense through their AISH or SAID benefits.

### 4.3.2. ALS Alberta

403-228-3857

7874 10 St NE, Calgary, AB T2E 8W1

info@alsab.ca

### www.alsab.ca

- Services and support for persons with Amyotrophic Lateral Sclerosis (ALS).
- Information and referral.
- Supports groups to help people living with ALS, their families, and caregivers.
- Equipment Loan Program includes lending power mobility devices, assistive communication devices and other medical equipment.
- Supportive Visits.

### 4.3.3. ALS Saskatchewan

306-949-4100

Unit C, 2430 8 Ave, Regina, SK S4R 5E3

director@alssask.ca

### www.alssask.ca

- Services and support for persons living with Amyotrophic Lateral Sclerosis (ALS)
- Information and referral on resources.
- Support Groups to help people living with ALS, their families and caregivers.
- Equipment Loan Program includes mobility devices such as wheelchairs, walkers, hospital beds, commodes, lifts, and other medical equipment required by people with ALS.
- Home visits (referral required).

### 4.3.4. Early Childhood Psychology Program

306-820-6225 Prairie North Plaza Suite #101 4910 50 St, Lloydminster, SK S9V 0Y5



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- Offers a range of assessments for children, including behavioural, family, psychological, social/emotional and speech/language.
- Offers a range of therapeutic services, including behaviour management, family therapy, group therapy, individual therapy, and case management.

### 4.3.5. Healthline (Saskatchewan)

811

1-877-800-0002

1-800-855-0155 (SaskTel Relay operator for deaf and hard of hearing)

### www.saskhealthauthority.ca

- A confidential, 24-hour health information and support telephone line available to Saskatchewan residents, staffed by registered nurses, registered psychiatric nurses, and registered social workers.
- Offers professional health advice or mental health support.
- Information can be a variety of medical concerns, including but not limited to mental health, sexual health, physical concerns and advice for parents and caregivers.
- Services are offered in English, with translation in over 100 languages.

### 4.3.6. Health Link (Alberta)

811

### www.myhealth.alberta.ca

- 24/7 telephone line providing medical advice on a variety of issues and information from a registered nurse.
- Provides information on topics such as mental health, sexual health, physical concerns and advice for parents and caregivers.
- Assists with finding health care such as immunization clinics, doctors, and health programs.
- Offers dementia advice to support the needs of persons with dementia and their caregivers.
- Services are available in multiple languages.

### 4.3.7. Inclusion Lloydminster

306-825-5918

Box 492 Lloydminster, SK, S9V 0Y6

info@inclusionlloydminster.com

www.inclusionllovdminster.com

- Provides individual and family advocacy.
- Areas of support include inclusive education, inclusive community recreation/leisure activities, inclusive employment, and post-secondary studies.
- Supports to navigate systems and resources.
- Assistance provided to families seeking to hire staffing support, such as respite support.

### 4.3.8. Lloydminster and Area Brain Injury Society (LABIS)

306-825-7212 306-830-0375 (Text line) #103 4090 41 St, Lloydminster, SK S9V 2J1



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### <u>labis@sasktel.net</u> www.labis.ca

 Offers programming, support, and resource-sharing for brain-injured persons and their families.

### 4.3.9. Multiple Sclerosis Canada

1-844-859-6789 #150 9405 50 St, Edmonton, AB T6B 2T4 msnavigators@mscanada.ca info@mscanada.ca www.mscanada.ca

- Quality of Life Equipment Program provides financial assistance to those requiring support with the purchase of mobility equipment and safety devices.
- Provides support with filling out Canadian Pension Plan Disability (CPP-D) Application Support.
- Offers 1-on-1 Peer Support: Extended and One Call programs. The 1-on-1 Peer Support
  Program is a telephone and internet-based program for individuals living with MS and for
  loved ones of people with MS.
- MS Support Groups: A complete list of in-person and virtual support groups is available on the website.

### 4.3.10. Muscle Dystrophy Canada

1-800-567-2873 #110 4208 97 St NW, Edmonton, AB T6E 5Z9 info@muscle.ca www.muscle.ca

- Equipment Funding Program and Assistive Technology Program. Must be a registered client of Muscle Dystrophy to qualify for financial support programs.
- Family and caregiver retreats provide an opportunity for social gatherings to foster friendship and a sense of community; access a range of complementary therapy services and information sessions, etc.
- Information, support, and education for over 150 neuromuscular disorders.
- Network Events and Webinars.
- Research Hotline provides information on new studies and treatment, new clinical trials, and answer disorder-specific questions, etc.

### 4.3.11. Parkinson Association of Alberta

1-800-561-1911

#120 6835 Railway St SE, Calgary, AB T2H 2V6

info@parkinsonassociation.ca

www.parkinsonassociation.ca

- Educational information such as Educational 101 series includes Parkinson Disease (PD) or Parkinson's Plus Syndrome 101, Care Partner 101, Advanced Care Planning, Deep Brain Stimulation (DBS)/Duodopa 101, Housing Transition and more.
- 1-on-1 support for individuals and their caregivers.
- Support groups are offered via Zoom and in-person, with advance registration required.



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- Examples of support groups available include Newly Diagnosed, for Care Partners, Young Onset, General Parkinson's and more.
- Provides strategies and skills to manage symptoms.
  - Examples include cognitive programs, speech and voice, and physical programs to help those suffering from Parkinson's disease.

### 4.3.12. Prairie Central Fetal Alcohol Spectrum Disorder (FASD) Association

780-385-3717 (General Inquiries)

587-386-0186 (Assessment and Diagnosis)

587-386-0133 (Prevention and Training)

http://prairiecentralfasd.ca/

- Provides awareness and prevention.
- Conducts assessment and diagnosis.
- Supports individuals and caregivers.
- Provides training and education.

### 4.3.13. Saskatchewan Health Authority - Autism Spectrum Disorder Management

306-820-6225

Prairie North Plaza

Suite #101 4910 50 St, Lloydminster, SK S9V 0Y5

- Programs for children on the spectrum, including occupational therapy and speechlanguage therapy supports.
- Summer programs for school-aged children.
- Support for families.

### 4.3.14. Saskatchewan Health Authority – Chronic Disease Management

306-820-4887

Prairie North Plaza

4910 50 St, Lloydminster, SK S9V 0Y5

www.saskhealthauthority.ca

- Support for Stroke Rehabilitation and Chronic Obstructive Pulmonary Disease (COPD).
- Cardiac and Diabetes Education.
- Programs such as Strides and Live-well (peer-led groups).
- Exercise Therapy.
- Referral required for some services.

### 4.3.15. Saskatchewan Health Authority - Lloydminster Hospital

306-820-6000

3820 43 Ave, Lloydminster, SK S9V 1Y5

www.saskhealthauthority.ca

- Emergency care.
- Medical services.
- Maternity care.
- Information on local clinics.
- For emergencies, call 911.



# 4. Access to Health and Social Services 4.3. Disabilities and Health

### 4.3.16. Saskatchewan Health Authority - Primary Health Services

306-820-6120 Prairie North Plaza Suite #101 4910 50 St Lloydminster, SK S9V 0Y5

### www.saskhealthauthority.ca

- Child and adult immunizations, travel immunizations and consults.
- Education and prevention resources.
- Referrals to health care services.
- Prenatal and postnatal support.
- Lactation consultation.
- Communicable diseases include HIV, hepatitis, sexually transmitted infections and animal bites.
- Acquired Brain Injury Program.

